

# Summer Camp 2017

Settled in 1805, our farm takes you back to a time that was very different from ours. With none of our modern conveniences, the Blackwood family depended upon hard work, patience, community, animals and the Earth in order to survive and grow. We believe that it is essential to pass these life lessons and skills down to the next generations. Our Summer Camp and Horse Immersion are great ways for your kids to meet new friends, care for animals, get outside, learn about gardening and grow as people!



Sign up on our website [spencesfarm.com](http://spencesfarm.com)!

## Meet the Animals

Activities include:

Hiking

Gardening

Horseback Riding

Zip-lining

Swimming

Arts & Crafts

Feeding Animals

Creek Stomping



My name is **Mexi**. I am 27 years old which makes me the oldest horse on the farm! I love being around all the children on the farm, especially the ones who may be a little intimidated by my younger and larger horse friends. I always enjoy a nice treat when you visit and never turn down a good brushing. I look forward to giving you a ride at camp this summer!

# Camp Information

## HORSEMANSHIP PROGRAMS

The foundation of our riding program is called the CRAFTS of Partnership: **Communication, Respect, Acknowledgement, Friendship, Trust & Setting Good Boundaries.** We believe our animals are teachers and they are always at work empowering humans to have higher self-confidence and self-esteem. There is more to our lessons than just riding. You will learn how to catch your horse, halter, lead, groom, clean feet, health, tacking your horse, tack cleaning, cleaning the stalls and showmanship.

Sign up at [spencesfarm.com](http://spencesfarm.com):

Horse Immersion Camp

Afternoon Lessons

Saturday Lessons

Trail Rides

Private Lessons



Come to the farm and learn from our Horse Instructors, Nicole and Aiden!



We are offering discounts and promotions for Summer Camp and Horse Immersion!

- Sign up for 3 or more weeks and receive \$50 off per week
- Sign up for 5 or more weeks and receive \$75 off per week
- Sign up for 7 or more weeks and receive \$100 off per week



Spence's Farm for Kids  
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## WELCOME TO THE FARM



We are happy to welcome our new Garden and Farm Store Manager! **Montana Keller** is native to the Appalachians of North Carolina and has been working in organic agriculture and horticulture for over 7 years. She has a passion for growing organic produce and sharing her knowledge with others. Her daughter, Sophia, is her food-growing side kick. Come by the farm and meet our mother-daughter green thumb powerhouse duo!

We also welcome **Anne Nicholson**, who leads the children in Creative Expression (movement, dance, storytelling, art, etc.). She is also the House Mom, which means being here early in the morning and giving out a lot of love and bandaids every day! Anne has a BA in visual art and cultural anthropology and coursework towards an MBA in nonprofit management. Her passion is helping each child recognize their individual gifts and inspire their unique imagination for the future of the earth and humanity.



**Devin O'Connor** has joined the farm as Co-Director. He has much experience with kids through service trips to different Native American Reservations, working with the camps at Triangle Rock Club, and organizing his own afterschool wilderness programs. Him and his wife have just moved out to Chapel Hill and we are super excited to have him on our team!

# Blackwood Farm Store

Our Farm Store is open Monday through Friday from 3 pm – 5 pm. Come visit Montana and Sophia to get your farm fresh goods! Sign out sheets are also at the Farm Store in the afternoon.

## Available now:

Eggs

Mulberries

Blueberries

Carrots

Cucumbers

Kale

Swiss chard

Turnips

Potatoes

Green Beans

Bush Beans

Tomatoes



**PARENTS**, join us for some **FARM YOGA** on Wednesday and Friday from 6:30 am – 7:30 am! Our handy man, Eric Goldman, will be leading our morning classes. Bring your mat and meet at the basketball court. **Donations** are greatly appreciated!

## FARM TO KITCHEN

### Fresh Cucumber Salad

#### Ingredients

2 tablespoons rice vinegar

1 teaspoon sugar

½ teaspoon salt

2 tablespoons chopped chives, optional

6 cups sliced cucumbers

2 teaspoons dried dill or 2 tablespoons fresh

#### Instructions

Whisk vinegar, sugar and salt in a bowl. Stir in chives if using. Add cucumbers and toss to coat with the dressing. Add the dill at the end.

